

## **Reading List** (OU Lecture – 17<sup>th</sup> October 2017)

Ainsworth, M.D.S., Blehar, M.C., Waters, E. and Wall, S. (1978) *Patterns of Attachment: A Psychological Study of the Strange Situation*. Hillsdale, NJ: Erlbaum.

Attig, T. (2011) *How We Grieve: Relearning the World*. New York: Oxford University Press. (revised edition)

Bonanno, George A. (2004) Loss, Trauma, and Human Resilience: Have We Underestimated the Human Capacity to Thrive After Extremely Aversive Events? *American Psychologist*, Vol 59(1), Jan 2004, 20-28.

Cooper, M. and Mcleod, J. (2011) *Pluralistic Counselling and Psychotherapy*. London: Sage.

Horowitz, M. (1997) *Stress Response Syndromes*. Northvale, NJ: Aronson.

Klass, D., Silverman, P.R. and Nickman, S.L. (1996) *Continuing Bonds*. Washington D.C.: Taylor & Francis.

Machin, L. (2001) *Exploring a framework for understanding the range of response to loss; a study of clients receiving bereavement counselling*. Unpublished PhD thesis: Keele University, UK.

Machin, L. (2007) *The Adult Attitude to Grief Scale as a Tool of Practice for Counsellors Working with Bereaved people*. A study report sponsored by Age Concern, Tameside and Keele University.

Machin, L. (2009; 2014) *Working with Loss and Grief*. London: Sage. (2<sup>nd</sup> edition)

Machin, L. and Spall, R. (2004) Mapping Grief: a study in practice using a quantitative and qualitative approach to exploring and addressing the range of response to loss. *Counselling and Psychotherapy Research*. Vol 4 No 1, 9-17.

Machin, L., Bartlam, B. and Bartlam, R. (2015) Identifying levels of vulnerability in grief using the Adult Attitude to Grief scale: from theory to practice. *Bereavement Care*. Vol. 34 No. 2 59- 68.

Martin, T. L. and Doka, K. L. (2000) *Men Don't Cry...Women Do*. Philadelphia: Brunner/Mazel.

Neimeyer, R.A. and Sands, D.C. (2011) ' Meaning Reconstruction in Bereavement', in R.A, Neimeyer, D.L. Harris, H.R. Winokuer and G.F. Thornton (eds), *Grief and Bereavement in Contemporary Society*. New York: Routledge. pp. 9-22.

Rogers, C. R. (1980) *A Way of Being*. Boston: Houghton Mifflin.

Sanders, C. M. (1993). Risk Factors in Bereavement Outcome, in M. S. Stroebe, W. Stroebe and R. O. Hansson (eds). *Handbook of Bereavement*. Cambridge: Cambridge University Press. pp. 255-67.

Sim, J., Machin, L. and Bartlam, B. (2014) 'Identifying vulnerability in grief: psychometric properties of the Adult Attitude to Grief scale', *Quality of Life Research*. Vol.23. 1211-1220.

Stroebe, M. and Schut, H. (1999) The Dual Process Model of Coping with Bereavement: Rationale and Description. *Death Studies*, Vol. 23, 197-224.

Schut, H. A. W., Stroebe, M. S. van den Bout, J. and de Keijser, J. (1997) Intervention for the Bereaved: Gender Differences in the Efficacy of Two Counselling Programmes. *British Journal of Clinical Psychology*, 36: 63–72.

Stroebe, M. S., Folkman, S., Hansson, R. O. and Schut, H. (2006) 'The Prediction of Bereavement Outcome: Development of an Integrative Risk Factor Framework', *Social Science and Medicine*, 63:2440–51.

Worden, J.W and Winokuer, H. (2011) A task-based approach for counseling the bereaved, in R.A, Neimeyer, D.L. Harris, H.R.Winokuer and G.F. Thornton (eds). *Grief and Bereavement in Contemporary Society*. New York: Routledge. pp. 57-67.

Website: [www.keele.ac.uk/mappinggrief](http://www.keele.ac.uk/mappinggrief)